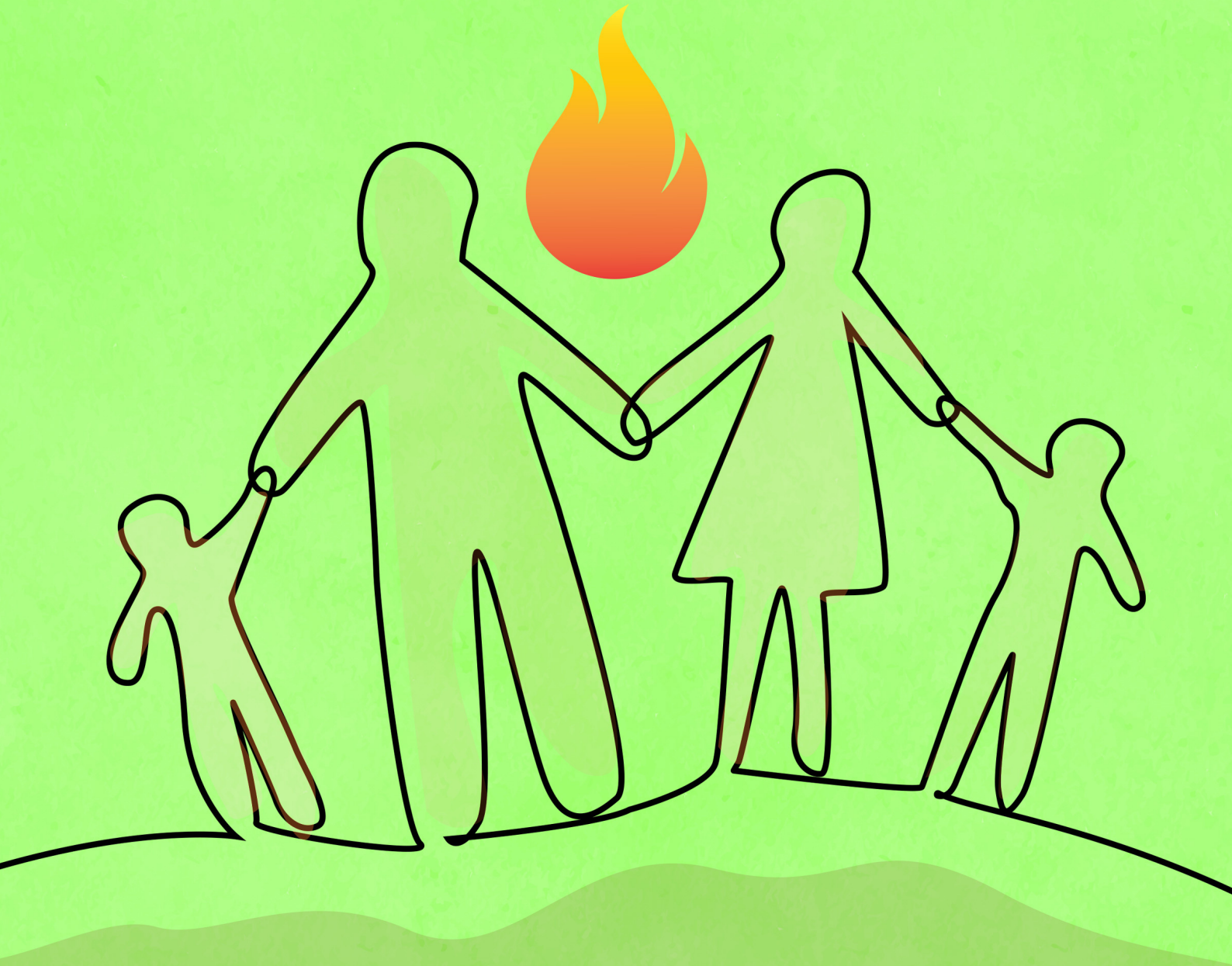


FAMILY ALTAR TIME



"AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE
FOR A SWEET AROMA; ALL THE FAT IS THE LORD'S."
LEVITICUS 3:16 (NKJV)

"THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS."
PSALM 65:11 (KJV)

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR AUGUST 2026



WORSHIPPING

**(August 1st – 9th 2026) Nehemiah 3 - 13; Psalm 126;
Malachi 1 - 4; Mark 1 - 10; Matthew 1 - 21;
Luke 1 - 18; John 1 - 11**

Psalm 126

<https://www.youtube.com/watch?v=aoPF1kfDFI0>

The Lord Has Done Great Things for Us

<https://www.youtube.com/watch?v=ErgSI8tnM-w>

Bringing in the Sheaves (For kids)

<https://youtu.be/FX4ZXaFJgMw?si=eIm6u8l2Wd4ZTXhv>

Psalm 126:1 - 6 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=KQFo11gx6Wc>

1 "When the Lord brought back the captivity of Zion, we were like those who dream.

2 Then our mouth was filled with laughter, and our tongue with singing. Then they said among the nations, "The Lord has done great things for them."

3 The Lord has done great things for us, And we are glad.

4 Bring back our captivity, O Lord, As the streams in the South.

5 Those who sow in tears shall reap in joy.

6 He who continually goes forth weeping, bearing seed for sowing, shall doubtless come again with rejoicing, bringing his sheaves with him.

APPLYING

1)

- Where have we experienced “tears” recently — disappointment, loss, or waiting — and how can we invite God into those places instead of carrying them alone?

2)

- What are the “seeds” we need to keep sowing faithfully even when we don't see results yet — prayer, forgiveness, serving, discipling our children, loving difficult people?

3)

- How can we celebrate God's past faithfulness together this week — retelling stories, praying prayers of thanks, or marking moments where “the Lord has done great things for us”?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to sow in tears and reap in joy. (e.g., “Forgive us Lord for many times not using sad times to sow in faith through repentance and prayer. Help us live in faith and hope so we will reap in joy. Amen!”)

Declare by faith that your family is sowing and reaping in faith. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family are daily sowing in faith even through painful times and we will reap a bountiful harvest in the future. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

**(August 10th - 16th 2026) Mark 11 - 16; Matthew 22 - 28;
Luke 20 - 24; John 11 - 21; Acts 1 - 17; James 1 - 5;
Galatians 1 - 6; 1 Thessalonians 1 - 3**

Show Your Faith

https://youtu.be/90Sjl0uzMDw?si=DmdnXh_vPf6-zpMt

Oceans

<https://youtu.be/6GGFb6LcX3U?si=J0BIMsz-JFYxjill>

Faith and Actions (For children)

<https://youtu.be/lbesOTzsuT0?si=XcAl6nnPGQiAxvyl>

James 2:14 - 24 (NKJV)

Reading for young kids

<https://youtu.be/bE8vcikv-A8?si=wGpi1HaKQcE7pJM3>

14 "What does it profit, my brethren, if someone says he has faith but does not have works? Can faith save him?"

¹⁵ If a brother or sister is naked and destitute of daily food,

¹⁶ and one of you says to them, "Depart in peace, be warmed and filled," but you do not give them the things which are needed for the body, what does it profit?

¹⁷ Thus also faith by itself, if it does not have works, is dead.

¹⁸ But someone will say, "You have faith, and I have works." Show me your faith without your works, and I will show you my faith by my works.

¹⁹ You believe that there is one God. You do well. Even the demons believe—and tremble!

WEEK 2

James 2:14 - 24 (NKJV)

²⁰ But do you want to know, O foolish man, that faith without works is dead?

²¹ Was not Abraham our father justified by works when he offered Isaac his son on the altar?

²² Do you see that faith was working together with his works, and by works faith was made perfect?

²³ And the Scripture was fulfilled which says, "Abraham believed God, and it was accounted to him for righteousness." And he was called the friend of God.

²⁴ You see then that a man is justified by works, and not by faith only."

APPLYING

1)

- Where in our family life do we tend to say the right things about faith, but struggle to do them — especially in how we treat one another at home?

2)

- What is one concrete action each of us can take this week to show our faith through love — toward a family member, neighbour, classmate, or coworker?

3)

- How can we encourage one another when obedience feels costly or inconvenient, remembering Abraham and Rahab who acted because they trusted God?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to have faith that works. (e.g. “Forgive us Lord for often saying we have faith but do not have the works to back it up. Help us to work out our salvation and do the good works He has prepared for us. Amen.”)

Declare that Your family members will have a working faith. (e.g., “We declare that we, the _____ Family are saved by faith and are moving in the good works that spring out of that saving faith. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(August 17th – 23rd 2026) Acts 18 - 28; 1 Thess 4 - 5;
2 Thess 1 - 3; 1 Corinthians 1 - 16; 2 Corinthians 1 - 12;
Romans 1 - 16; Colossians 1 - 4

No Condemnation

https://youtu.be/GOqEf1Xv3jw?si=X1dtiqT_xP_Mj0Kk

Walking in the Spirit

<https://youtu.be/Q56BP--ZBqY?si=Fj-V8MbgFDyJvRr8>

Roman 8:1 Song (For Kids)

<https://www.youtube.com/watch?v=eM3OlGSE3b0>

Roman 8:1 - 8 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=qPZi3aEZ5LU>

¹ “There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

² For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

³ For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,

⁴ that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

⁵ For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.

⁶ For to be carnally minded is death, but to be spiritually minded is life and peace.

WEEK 3

Roman 8:1 - 8 (NKJV)

⁷ Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.

⁸ So then, those who are in the flesh cannot please God.”

APPLYING

1)

- Where do we still feel weighed down by guilt, shame, or self-condemnation — and how can we remind one another of the truth that there is now no condemnation for those in Christ?

2)

- What habits, attitudes, or reactions in our home tend to come from the “flesh” — impatience, anger, selfishness — and what would it look like to respond instead with the mindset of the Spirit?

3)

- How can we intentionally set our minds on the things of the Spirit this week — through Scripture, prayer, worship, or serving — so that our home becomes a place of life and peace?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be walking in the Spirit. (e.g., “Forgive us Lord that we often walk in the flesh and live under shame and guilt. Help us walk in the Spirit-filled life we have inherited as His children. Amen!”)

Declare by faith that your family is walking in the Spirit. (e.g., “We declare that we, the _____ family are walking daily in the Spirit, free from all shame and guilt. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(August 24th – 31st 2026) Phil 1; Eph 1 - 6; Phil 1 - 4;
 1 Tim 1 - 6; Titus 1 - 3; 1 Pet 1 - 5; Hebrews 1 - 13;
 2 Tim 1 - 4; 2 Peter 1 - 3; Jude 1; 1 John 1 - 5;
 2 John 1; 3 John 1; Rev 1 - 22

Make me a Channel of Your Peace

<https://youtu.be/g8eorCEMIK4?si=PGjzxLkXv6UtpmyG>

Broken Vessels

https://youtu.be/fiyYoe678yl?si=gbCsCvC2tJ8nL_el

Vessels of Honor (For kids)

https://youtu.be/y6D840T0Mk4?si=_Qj3N_piCEWDhpsb

2 Timothy 2:20 - 26 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/JiksdMk1Cw>

²⁰ "But in a great house there are not only vessels of gold and silver, but also of wood and clay, some for honor and some for dishonor.

²¹ Therefore if anyone cleanses himself from the latter, he will be a vessel for honor, sanctified and useful for the Master, prepared for every good work.

²² Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

²³ But avoid foolish and ignorant disputes, knowing that they generate strife.

²⁴ And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient,

WEEK 4

2 Timothy 2:20 - 26 (NKJV)

²⁵ in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth,

²⁶ and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.”

APPLYING

1)

- What attitudes, habits, or influences in our home might be “dishonourable vessels” that God is calling us to cleanse so we can be useful to Him?

2)

- How can we pursue “righteousness, faith, love, and peace” together this week — especially when tensions rise or disagreements happen?

3)

- When conflict or correction is needed, how can we practice the gentleness Paul describes — speaking truth without harshness, and aiming for restoration rather than winning?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be vessels of honour, sanctified, useful to the master. (e.g. "Forgive us Lord for often being vessels of dishonour, bringing shame and bad repute to Your name. Help us be vessels of honour, cleansed, useful to You in Your Kingdom purposes. Amen!")

We declare by faith in the name of Jesus that we, the _____ family are vessels of honour, cleansed, useful to the master, prepared for every good work. Amen!

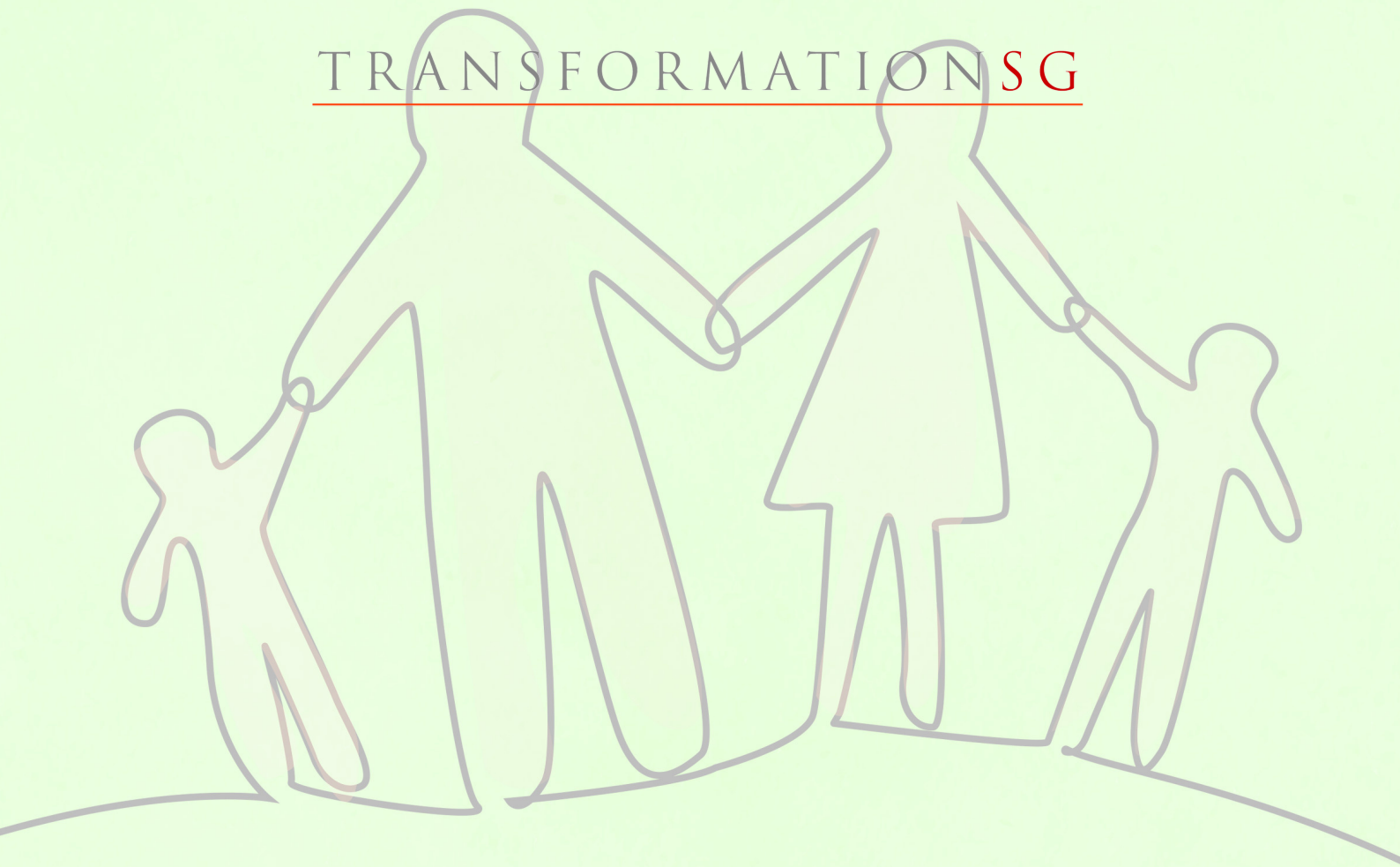
SPEAKING BLESSING

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TRANSFORMATIONSG



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